

2024-25 CENTRE CHAMPIONSHIPS RULES OF COMPETITION

Athletes must be in full Centre Uniform – including bib numbers

Only parents on roster are permitted at sites.

All other parents must remain behind the ropes at all times

No coaching by Co-Ordinator or Parent Help at any time during the event

Parents and coaches will be able to assist their athlete from the sidelines, not inside the competition arena

No pacing will be allowed for athletes for track events. Pacing is when a parent or coach run alongside an athlete to encourage their performance

Only rostered parents are to be on the infield. If you are not on roster, the Arena Manager may ask you to move to behind the ropes

All track events will be timed finals

Heats will be based on the athletes PB times

Lane draws will be conducted by the JAC Board and a list of athletes and their lanes will be provided to co-ordinators for each track event

If an athlete doesn't turn up for a track event, that lane will remain empty

Under 6 to Under 8 age groups will each receive 3 attempts for field events

Under 9 to Under 17 age groups will each receive 3 attempts for field events.

The top 8 athletes in Under 9 to Under 17 will then receive 1 additional attempt to be conducted in reverse order. This is to be confirmed by the Arena Manager or Officials Directors before continuing with the event

PB Ribbons will be handed out to athletes who achieve a PB over the weekend

Medals will be presented as close to the completion of the event, and before the age group move on to their next event

Results for all events are to be brought into the clubrooms for verification by the JAC Executive Officer before medals are presented



JOONDALUP ATHLETICS CENTRE

www.joondalupathletics.com.au

Only athletes who have nominated for an event are able to compete in an event. The only exception is if an athlete has paid for a late entry. A late entry slip will then be handed to the Age Co-Ordinator confirming the athletes' events

Under 14 to Under 17 athletes will compete as 1 group per gender. Medals will be handed out to the athletes who have received the highest points for each event, not by their actual result. The points are based on how close they are to the Centre Record for each Age and Event